

Sarah Elizabeth Victor, PhD
Curriculum Vitae January 2026

Appointments

2024 - Present	Associate Professor, Department of Psychological Sciences Affiliate, Women's & Gender Studies Texas Tech University, Lubbock, TX
2019 – 2024	Assistant Professor, Department of Psychological Sciences Texas Tech University, Lubbock, TX
2019 – Present	Licensed Clinical Psychologist National Register Health Service Psychologist (56639), 05/2019-Present State of Texas (38500), 02/2021-Present Certificate of Professional Qualification (CPQ 18789), 06/2024-Present

Education and Training

2017 – 2019	Postdoctoral Scholar, University of Pittsburgh Department of Psychiatry
2016 – 2017	Predoctoral Internship, Western Psychiatric Institute and Clinic University of Pittsburgh Medical Center
2012 – 2017	PhD, Psychology, University of British Columbia - Vancouver
2010 – 2012	MA, Psychology, University of British Columbia – Vancouver
2004 – 2008	BA, Psychology, Stanford University

Research Funding (Awarded)

2024 - 2029 \$3,672,739	NEI R01EY036676 Wellbeing and Health among Low Vision and Blind Youth Role: Principal Investigator (MPI 50/50 with Dr. Adam Schmidt)
2024 - 2026 \$91,983	NIMH F31MH136767 Improving Brief Assessment of Suicidal Thoughts and Behaviors in Youth: An Engaged, Stakeholder-Informed Approach to Measure Development, Testing, and Implementation Role: Faculty Mentor (Awardee: Kirsten Christensen)
2024 - 2025 \$5,000	American Psychological Foundation Lizette Peterson-Homer Improving Brief Assessment of Suicidal Thoughts and Behaviors in Youth Role: Faculty Mentor, Co-Investigator (PI: K. Christensen)
2022 - 2024 \$90,000	American Foundation for Suicide Prevention YIG-0-138-21 Real-Time Study of Psychotherapy, Suicide Risk, and Resilience in Transgender and Non- Binary Adults Role: Principal Investigator
2022 - 2023 \$70,917	NIMH R21 MH124794 02S1 Dynamic Regulatory Processes in the Transition from Suicidal Ideation to Action: The Roles of Cognitive Control, Emotion-Related Impulsivity, and Sleep in the Context of Negative Affective Experiences (Supplement) Role: Principal Investigator
2021 - 2022 \$5,000	Texas Tech University Office of Institutional Diversity

Sarah Elizabeth Victor, PhD
Curriculum Vitae January 2026

	Real-time research for suicide prevention in transgender and gender diverse people: ecological momentary assessment of risk and resilience Role: Principal Investigator
2020 - 2022 \$406,100	NIMH R21 MH124794 Dynamic Regulatory Processes in the Transition from Suicidal Ideation to Action: The Roles of Cognitive Control, Emotion-Related Impulsivity, and Sleep in the Context of Negative Affective Experiences Role: Principal Investigator
2020 \$500	Texas Tech University Office of Planning & Assessment Climate Survey of Clinical Psychology Doctoral Students Role: Principal Investigator
2019 - 2024 \$2,124,673	NIMH R01 MH115922 Multimodal Assessment of Near-term Risk Processes for Suicidal Ideation and Behavior Role: Consultant (PI: L. Scott)
2019 - 2021 \$212,577	NIMH R01 MH110477 04S2 Approach Motivation, Threat Sensitivity, and Cognitive Control in the Translation from Suicide Ideation to Action Role: Consultant (PIs: S. Johnson, C. Carver)
2019 - 2020 \$24,935	NIMH P50 MH115838 (ETUDES Center Pilot Program) Feasibility and Utility of Passive Mobile Technologies for Monitoring Symptoms and Treatment Progress in Depressed and/or Suicidal Youth Role: Consultant (PI: L. Scott)

Awards to Mentored Trainees

2025	ABCT Student SIG, Best Poster Award (S. Gurjar)
2025	Texas Tech Graduate School Research Support Award (\$1,500, AB)
2025	Texas Tech Graduate School Research Support Award (\$1,500, SG)
2025	International Society for the Study of Self-Injury Travel Award (\$1500, EH)
2025	Suicide Research Symposium Outstanding Poster Award (EH)
2025	American Psychology-Law Society Outstanding Student Poster Award (AB)
2025	P.E.O. International Peace Scholarship Fund (\$12,500, SG)
2024	Texas Tech Graduate School Social Sciences II, First Place Poster (EH)
2024	Texas Tech University Arts & Sciences Undergraduate Research Experience Program (\$2,000, NMC)
2024	Texas Tech Angee K. Stevens Clinical Psychology Research Award (KC)
2023	Texas Tech Graduate School Research Support Award (\$1,500, KC)
2023	Texas Tech Graduate School Social Sciences Second Place Poster (AB)
2023	Texas Tech Graduate School Research Support Award (\$1,500, EH)
2022	Military Suicide Research Consortium Travel Award (\$2,000, KC)
2022	APAGS/Psi Chi Junior Scientist Fellowship (\$1,000, EH)
2021	Texas Tech Center for Transformative Undergraduate Experiences (JM)
2021	Texas Tech Psychology Undergraduate Research Fellowship (AL, LR)

Awards and Honors

Sarah Elizabeth Victor, PhD
Curriculum Vitae January 2026

2024	Chancellor's Council Distinguished Research Award, Texas Tech.
2022	Rising Star Award, Association for Psychological Science.
2021	Rising Star Award, International Society for the Study of Self-Injury.
2018	National Psychologist Trainee Register Credentialing Scholarship (\$300), National Register of Health Service Psychologists.
2014	Military Suicide Research Consortium Dissertation Award (\$2,000), United States Department of Defense.
2013	Vanier Canada Graduate Scholarship (\$150,000 CAD), Canadian Institutes of Health Research.
2012	Four-Year Fellowship (\$72,000 CAD), deferred, Univ. British Columbia.
2012	Killam Doctoral Fellowship (\$60,000 CAD), Killam Trusts.
2011	Faculty of Arts Graduate Award (\$17,500 CAD), Univ. British Columbia.
2010	Faculty of Arts Graduate Award (\$16,000 CAD), Univ. British Columbia.

Peer-Reviewed Publications

* mentored trainee, † shared first author.

*Bianco, A.N., **Victor, S.E.**, & Mitchell, S. M. (*in press*). Between Urges and Actions: Unpacking Affective Dynamics in Non-Suicidal Self-Injury. *Behavior Therapy*.

*Richardson, L.R., Marvin, C., Mitchell, S.M., Petrovic, J., **Victor, S.E.**, & Mills, D.J. (*in press*). Hazardous drinking amplifies the association between emotion-based impulsivity and suicidal ideation among adults. *Archives of Suicide Research*.

*†Seymour, N.E., †**Victor, S.E.**, & Cukrowicz, K. (*accepted*). Outness and suicidal ideation: Examining the roles of thwarted interpersonal needs and minority stress in sexual and gender minority individuals. *Journal of Gay and Lesbian Mental Health*.

Victor, S.E., *McClay, M.M., *Bianco, A., Mitchell, S.M., & Ingram, P.B. (*in press*). Examining public stigma of nonsuicidal self-injury: Development and validation of the Stigma of Nonsuicidal Self-Injury (STONSI) Scale in two samples. *Stigma & Health*.

Victor, S.E., Mitchell, S.M., & Ingram, P.B. (*accepted*). Depression, self-criticism, and nonsuicidal self-injury: A prospective investigation in young adults. *Journal of Emotion and Psychopathology*.

*Christensen, K., & **Victor, S.E.** (2025). Refining measurement of suicidal ideation to improve testability of suicide theories. *Journal of Psychopathology & Clinical Science*, 134(6), 601–602.

*Hoelscher, E.C., **Victor, S.E.**, Kiekens, G., & Ammerman, B. (2025). Ethical considerations for the use of ecological momentary assessment in non-suicidal self-injury research. *Ethics & Behavior*, 35(8), 593–610.

Petrovitch, D., **Victor, S.E.**, Schmidt, A.T., Schmitz, J.M., Meyer, T.D., Stotts, A.L., & Littlefield, A.K. (2025). Commentary on methods for addressing functional unblinding and mechanistic uncertainty in clinical trials of psychedelic-assisted treatments. *Current Treatment Options in Psychiatry*, 12, 35.

Robillard, C.L., Claes, L., **Victor, S.E.**, Myin-Germeys, I., & Kiekens, G. (2025). Self-criticism as a real-time predictor of non-suicidal self-injury and comorbid disordered eating urges and behaviors among treatment-seeking individuals. *Journal of Affective Disorders*, 371, 13-21.

Sarah Elizabeth Victor, PhD
Curriculum Vitae January 2026

Himes, K.P., **Victor, S.E.**, Schmidt, A.T., & Littlefield, A.K. (2024). Anxiety and depression in young adults: The role of perceived romantic partner drinking. *Personal Relationships*, 31(2), 470-495.

Brown, S.L., Chen, Q.Q., Hernandez Valencia, E.M., **Victor, S.E.**, & Scott, L.N. (2024). A prospective examination of sexual orientation and suicidal and nonsuicidal self-injurious thoughts and behaviors among young adult women. *Psychology of Sexual Orientation and Gender Diversity*, 11(2), 280-293.

*Christensen, K., **Victor, S.E.**, Littlefield, A.K., & Mitchell, S.M. (2024). A comparison of retrospectively reported and ecological momentary assessment-reported perceived social support in predicting ecological momentary assessment-reported non-suicidal self-injury. *Suicide & Life-Threatening Behavior*, 54(2), 184-194.

Morris, C., Keen, M., White, C., Ingram, P.B., Mitchell, S.M., & **Victor, S.E.** (2024). Determining the MMPI-3 SUI scale's cross-sectional and prospective utility in suicide risk assessment. *Journal of Clinical Psychology*, 80(6), 1243-1258.

Gissandaner, T.D., Littlefield, A.K., Schmidt, A.T., **Victor, S.E.**, Kim, S., Morrow, A.J., & Borrego Jr., J. (2024). Caregiver adverse childhood experiences and preschool externalizing problems: The role of factors that contribute to caregiver resilience. *Child Abuse & Neglect*, 147(2024), 106526.

Devendorf, A.R., **Victor, S.E.**, Rottenberg, J., Miller, R., Lewis, S.P., Muehlenkamp, J.J., & Stage, D.L. (2023). Stigmatizing our own: Self-relevant research is common but frowned upon in clinical psychological science. *Clinical Psychological Science*, 11(6), 1122-1140.

Gette, J.A., Littlefield, A.K., **Victor, S.E.**, Schmidt, A.T., & Garos, S. (2023). Evaluation of the daily sessions, frequency, age of onset, and quantity of cannabis use questionnaire and its relations to cannabis-related problems. *Cannabis*, 6(3), 64-86.

*Hoelscher, E.C., **Victor, S.E.**, Trieu, T.H., & Edmiston, E.K. (2023). Gender minority resilience and suicidal ideation: A longitudinal and daily examination of transgender and non-binary adults. *The Behavior Therapist*, 46(1), 32-38.

Kaufman, E.A., Meddaoui, B., *Seymour, N.E., & **Victor, S.E.** (2023). The roles of minority stress and thwarted belongingness in suicidal ideation among cisgender and transgender/non-binary LGBTQ+ individuals. *Archives of Suicide Research*, 27(4), 1296-1311.

Morris, N.M., Ingram, P.B., Mitchell, S.M., & **Victor, S.E.** (2023). Screening utility of the PHQ-2 and PHQ-9 for depression in college students: Relationships with substantive scales of the MMPI-3. *Measurement and Evaluation in Counseling and Development*, 56(3), 254-264.

Victor, S.E., Salk, R.H., Porta, G., Hamilton, E., Bero, K., Poling, K., Brent, D.A., & Goldstein, T.R. (2023). Measurement-based care for suicidal youth: Outcomes and recommendations from the Services for Teens At Risk (STAR) Center. *PLOS One*, 18(4), e0284073.

Victor, S.E., Trieu, T.H., & Seymour, N.E. (2023). Associations with LGBTQ+ mental health disparities during the COVID-19 pandemic. *Psychology & Sexuality*, 14(3), 495-512.

Masland, S.R., **Victor, S.E.**, Peters, J.R., Fitzpatrick, S., Dixon-Gordon, K.L., Bettis, A.H., Navarre, K.M., & Rizvi, S.L. (2022). Destigmatizing borderline personality disorder: A call to action for psychological science. *Perspectives on Psychological Science*, 18(2), 445-460.

Sarah Elizabeth Victor, PhD
Curriculum Vitae January 2026

Victor, S.E., *Christensen, K., Johnson, S.L., Van Allen, J., & Brick, L.A. (2022). Dynamic regulatory processes in the transition from suicidal ideation to action in adults leaving inpatient psychiatric care: Protocol for an intensive longitudinal study. *JMIR Research Protocols*, 11(6), e38582.

Victor, S.E., Devendorf, A.R., Lewis, S.P., Rottenberg, J., Muehlenkamp, J.J., Stage, D.S., & Miller, R.H. (2022). Only human: Mental-health difficulties among clinical, counseling, and school psychology faculty and trainees. *Perspectives on Psychological Science*, 17(6), 1576-1590.

Victor, S.E., Lewis, S.P., & Muehlenkamp, J.J. (2022). Psychologists with lived experience of non-suicidal self-injury: Priorities, obstacles, and recommendations for inclusion. *Psychological Services*, 19(1), 21-28.

Victor, S.E., Schleider, J.L., Ammerman, B.A., Bradford, D.E., Devendorf, A.R., Gruber, J., Gunaydin, L.A., Hallion, L.S., Kaufman, E.A., Lewis, S.P., & Stage, D.S. (2022). Leveraging the strengths of psychologists with lived experience of psychopathology. *Perspectives on Psychological Science*, 17(6), 1624-1632.

Victor, S.E., Brown, S.L., & Scott, L.N. (2021). Prospective and concurrent affective dynamics in self-injurious thoughts and behaviors: An examination in young adult women. *Behavior Therapy*, 52(5), 1158-1170.

Kaufman, E.A., **Victor, S.E.,** Hipwell, A.E., & Stepp, S.D. (2020). Reciprocal influences of parent and adolescent borderline personality symptoms over 3 years. *Journal of Personality Disorders*, 34(Supplement B), 130-145.

Scott, L.N., **Victor, S.E.,** Kaufman, E.A., Beeney, J.E., Byrd, A.L., Vine, V., Pilkonis, P.A., & Stepp, S.D. (2020). Affective dynamics across internalizing and externalizing dimensions of psychopathology. *Clinical Psychological Science*, 8(3), 412-427.

Vine, V., **Victor, S.E.,** Mohr, H., Byrd, A.L., & Stepp, S.D. (2020). Adolescent suicide risk and experiences of dissociation in daily life. *Psychiatry Research*, 287, 112870.

Klonsky, E.D., **Victor, S.E.,** Hibbert, A.S., & Hajcak, G. (2019). The Multidimensional Emotion Questionnaire (MEQ): Rationale and initial psychometric properties. *Journal of Psychopathology and Behavioral Assessment*, 41(3), 409-424.

Victor, S.E., Hipwell, A.E., Stepp, S.D., & Scott, L.N. (2019). Parent and peer relationships as longitudinal predictors of adolescent non-suicidal self-injury onset. *Child and Adolescent Psychiatry and Mental Health*, 13(1), 1-13.

Victor, S.E., Scott, L.N., Stepp, S.D., & Goldstein, T.R. (2019). I want you to want me: Interpersonal stress and affective experiences as within-person predictors of self-injurious thoughts and urges in daily life. *Suicide & Life-Threatening Behavior*, 49(4), 1157-77.

May, A.M., & **Victor, S.E.** (2018). From ideation to action: Recent advances in understanding suicide capability. *Current Opinion in Psychology*, 22, 1-6.

Victor, S.E., & Klonsky, E.D. (2018). Understanding the social context of adolescent non-suicidal self-injury. *Journal of Clinical Psychology*, 74(12), 2107-16.

Victor, S.E., Muehlenkamp, J.J., Hayes, N.A., Lengel, G.J., Styer, D.M., & Washburn, J.J. (2018). Characterizing gender differences in nonsuicidal self-injury: Evidence from a large clinical sample of adolescents and adults. *Comprehensive Psychiatry*, 82, 53-60.

Victor, S.E., Davis, T., & Klonsky, E.D. (2017). Descriptive characteristics and initial psychometric properties of the Non-Suicidal Self-Injury Disorder Scale. *Archives of Suicide Research*, 21(2), 265-78.

Sarah Elizabeth Victor, PhD
Curriculum Vitae January 2026

*Chu, C., **Victor, S.E.**, & Klonsky, E.D. (2016). Characterizing positive and negative emotional experiences in young adults with borderline personality disorder symptoms. *Journal of Clinical Psychology*, 72(9), 956-965.

Victor, S.E., & Klonsky, E.D. (2016). Validation of a brief version of the Difficulties in Emotion Regulation Scale (DERS-18) in five samples. *Journal of Psychopathology and Behavioral Assessment*, 38(4), 582-589.

Victor, S.E., Styer, D., & Washburn, J.J. (2016). Functions of nonsuicidal self-injury (NSSI): Cross-sectional associations with NSSI duration and longitudinal changes over time and following treatment. *Psychiatry Research*, 241, 83-90.

Victor, S.E., Styer, D., & Washburn, J.J. (2015). Characteristics of non-suicidal self-injury associated with suicidal ideation: Evidence from a clinical sample of youth. *Child and Adolescent Psychiatry and Mental Health*, 9, 20.

Klonsky, E.D., **Victor, S.E.**, & Saffer, B.Y. (2014). Nonsuicidal self-injury: What we know, and what we need to know. *The Canadian Journal of Psychiatry*, 59(11), 565-568.

Victor, S.E., & Klonsky, E.D. (2014). Correlates of suicide attempts among self-injurers: A meta-analysis. *Clinical Psychology Review*, 34(4), 282-297.

Victor, S.E., & Klonsky, E.D. (2014). Daily emotion in non-suicidal self-injury. *Journal of Clinical Psychology*, 70(4), 364-375.

Victor, S.E., Glenn, C.R., & Klonsky, E.D. (2012). Is non-suicidal self-injury an “addiction”? A comparison of craving in substance use and non-suicidal self-injury. *Psychiatry Research*, 197(1-2), 73-77.

Victor, S.E., Johnson, S.L., & Gotlib, I.H. (2011). Quality of life and impulsivity in bipolar disorder. *Bipolar Disorders*, 13(3), 303-309.

Invited Chapters

* mentored trainee author.

Victor, S.E., *Christensen, K., & Trieu, T.H. (2023). Theoretical models linking NSSI to suicide. In Lloyd-Richardson, E.E., Baetens, I., & Whitlock, J. (Eds.), *The Oxford Handbook of Nonsuicidal Self-Injury*. Oxford University Press.

Victor, S.E., & Yiu, A. (2019). Nonsuicidal self-injury: Beyond the basics. In Washburn, J.J. (Ed.), *Nonsuicidal Self-Injury: Advances in Research and Practice*. Taylor & Francis.

Victor, S.E., & Klonsky, E.D. (2015). Self-injury. In R.L. Cautin & S.O. Lilienfeld (Eds.), *The Encyclopedia of Clinical Psychology*. Wiley-Blackwell.

Invited Professional Colloquia and Presentations

2024 *Psychologist Mental Health*. Clinical Psychology Program, UT Southwestern School of Medicine.

2024 *Self-Injury, Suicide, Stigma, and (Minority) Stress: Innovative Approaches to Understanding Mental Health and Illness in Diverse Groups*. Center for Health Outcomes and Interdisciplinary Research (CHOIR), Massachusetts General Hospital/Harvard Medical School.

2024 *What do you know about it? Experiences of mental illness in clinical psychology research and practice*. Invited Colloquium, University of Massachusetts – Amherst Clinical Psychology Program.

Sarah Elizabeth Victor, PhD
Curriculum Vitae January 2026

2024 *Who's research is it anyway? Lived experience, disability, and self-relevant research in psychology.* Clinical Lunch and Learn Presentation, Auburn University.

2023 *Destigmatizing Mental Illness among Mental Health Providers, Researchers, and Trainees.* Department of Psychology, University of British Columbia.

2023 *I thought being very smart would take care of it. I see I have been found out: Allies, Advocates, and Accomplices in Supporting Psychologists and Trainees with Psychopathology.* Clinical Psychology Doctoral Programme Lunch and Learn, University of British Columbia.

2023 *Leveraging the strengths of psychologists with lived experience of psychopathology.* Center for Research on Innovations, Services and Equity in Mental Health (RISE-MH), University of Pittsburgh.

2023 *Leveraging the strengths of psychologists with lived experience of psychopathology.* Virginia Tarlow, MD, Grand Rounds, Feinberg School of Medicine, Northwestern University.

2023 *Psychologists with psychopathology: Barriers, challenges, and opportunities.* Law and Mental Health Series, University of New Mexico School of Medicine.

2023 *Strong at the broken places: Leveraging the strengths of mental health providers with mental illness for suicide prevention.* Psychiatry Grand Rounds, UMass Chan Medical School.

2021 *The personal is professional: Examining experiences of non-suicidal self-injury, suicide, and mental illness in high-risk communities and within psychological science.* Clinical Psychology Colloquium, Case Western Reserve University.

2021 *Mental health difficulties among clinical, counseling, and school psychology faculty and trainees.* Clinical Area Meeting, University of South Florida.

2021 *Lived experience with mental illness among psychology faculty.* Clinical Lunch and Learn Presentation, Auburn University.

Conference Oral Presentations

* mentored trainee author.

*Bianco, A., & *Hoelscher, E.C. & **Victor, S.E.** (2025). Navigating Emotion: Substance Use and Its Impact on Affective States Following Resisted NSSI Urges in Young Adults. Paper presentation, International Study of Self-Injury (ISSS), Wellington, New Zealand.

*Christensen, K., & **Victor, S.E.** (2025). Do Theory-Derived Proximal Risk Factors for Suicidal Ideation Co-Occur or Exhibit Unique Associations with Suicidal Ideation? An Ecological Momentary Assessment Study Among Adults Recently Discharged from Inpatient Psychiatric Care. Paper presentation, Association for Psychological Sciences (APS), Washington, DC.

* Gurjar, S., & Victor, S.E. (2025). Harmful narratives: The effects of anti-trans news on suicidal ideation among gender diverse adults in daily life. Paper presentation (Gurjar symposium chair), Association for Behavioral and Cognitive Therapies (ABCT), New Orleans, LA.

*Hoelscher, E.C., & **Victor, S.E.** (2025). Unpacking the Effects of EMA Protocols on NSSI Urges and Emotion Awareness in a High Compliance Sample of TNB adults. Paper presentation, ISSS, Wellington, New Zealand.

*Hoelscher, E.C., Halbreich, E., & **Victor, S.E.** (2025). Feeling the Urge: Interoception and NSSI Urge Frequency in Transgender and Nonbinary Adults. Paper presentation, ISSS, Wellington, New Zealand.

Sarah Elizabeth Victor, PhD
Curriculum Vitae January 2026

Petrovitch, D., **Victor, S.E.**, Van Allen, J., Schmidt, A.T., Schmitz, J.M., & Littlefield, A.K. (2025). Developing novel methods for non-probability online survey research: Comparing motives for use and risk perceptions of cannabis vs. derived psychoactive cannabis products. Paper presentation, University of Texas Health Science Center at Houston Behavioral Health Research Day, Houston, TX.

Victor, S.E. (2025). Completion Rates in Ecological Momentary Assessment Suicide Research: Structural and Individual Factors Across Diverse Populations. Paper presentation, Suicide Research Symposium (SRS), Virtual.

Victor, S.E., Bammel, A.C., & Schmidt, A.T. (2025). Childhood Visual Disability and suicide: Prospective Associations Using the National Longitudinal Study on Adolescent to Adult Health (Add Health). Paper presentation, International Association for Suicide Research (IASR), Boston, MA.

Victor, S.E. (moderator & panelist), Roberts, C.L. (panelist), & McCreery, R. (panelist) (2025). Disabled Children are Also Children: Rationale and Strategies for Including Disabled Children in Developmental Science. Round Table presentation, Society for Research in Child Development (SRCD), Minneapolis, MN.

*Bianco, A., & **Victor, S.E.** (2024). The Affective Consequences of Resisting NSSI Urges among Young Adults: An Ecological Momentary Assessment Study. Paper presentation, ISSS, Toronto, Canada.

*Bianco, A., & **Victor, S.E.** (2024). The Impact of Lifetime Self-Harm Engagement on Help-Seeking Attitudes and Perceived Barriers Among Undergraduate Students. Paper presentation, ISSS, Toronto, Canada.

*Christensen, K., *Luce, A., & **Victor, S.E.** (2024). Characterizing suicide-related coping in three samples of adults with suicidal thoughts or behaviors. Paper presentation, SRS, Virtual.

*Christensen, K., & **Victor, S.E.** (2024). Experiences of discrimination and exclusion related to non-suicidal self-injury. Paper presentation, APS, San Francisco, CA.

*Hoelscher, E.C., & **Victor, S.E.** (2024). Affective dynamics as a window into NSSI risk in a post-discharge psychiatric sample. Paper presentation, ISSS, Toronto, Canada.

Kleiman, E., Joe, S., **Victor, S.E.**, Rizvi, S., & Klonsky, D. (2024). Panelist, "Rant, Rave, and Reimagine: Learning from the past and to inform the future," SRS, Virtual.

Mills, D.J., Marvin, C., Mitchell, S.M., & **Victor, S.E.** (2024). Gambling behaviors and non-suicidal self-injury: Uncovering shared and unique psychological links and motivations. Paper presentation, ISSS, Toronto, Canada.

Victor, S.E., *Trieu, T.H., & Edmiston, E.K. (2024). Testing Minority Stress Theory to Predict Daily Life NSSI Urges among Transgender and Non-Binary Adults. Paper presentation, ISSS, Toronto, Canada.

Vine, V., Vanwoerden, S., Byrd, A. L., **Victor, S.**, Jennings, J. R., & Stepp, S. D. (2024). Adolescents' elevated suicide risk and their autonomic responses to three parent-child contexts. Paper presentation, Society for Research in Psychopathology (SRP), Montreal, QC.

Andover, M., Brausch, A., Muehlenkamp, J.J., Turner, B., & **Victor, S.E.** (discussant) (2023). Discussant for symposium, "Dynamic resilience: Modifiable factors buffering risk for self-injurious thoughts and behaviors," ABCT, Seattle, WA.

Boness, C., Devendorf, A.R., McCutcheon, S.R., Schleider, J.L., Swee, M., & **Victor, S.E.** (2023). Panelist, "Dismantling mental health stigma among clinical psychologists: How we are part of the problem, and what we can do to address it," ABCT, Seattle, WA.

Sarah Elizabeth Victor, PhD
Curriculum Vitae January 2026

*Christensen, K., *Bianco, A., & **Victor, S.E.** (2023). Wording, timing, rating: How EMA methodological choices impact observed data patterns in suicide and self-injury research. Paper presentation, Society for Ambulatory Assessment (SAA), Amsterdam, Netherlands.

*Christensen, K., & **Victor, S.E.** (2023). Comparing the concurrent and predictive validity of single- and double-item measures in ecological momentary assessment. Paper presentation, SAA, Amsterdam, Netherlands.

*Christensen, K., & **Victor, S.E.** (2023). Suicide risk after psychiatric hospitalization: data from west Texas. Invited presentation, West Texas Regional Mental Health Conference, Lubbock, TX.

*Hoelscher, E., & **Victor, S.E.** (symposium chair and discussant) (2023). Bridging affective and suicide science using ecological momentary assessment. Paper presentation for symposium, "Maximizing the utility of ecological momentary assessment to understand suicidal thinking: novel approaches to complex, multilevel data," APS, Washington, DC.

*Hoelscher, E.C., & **Victor, S.E.** (2023). Interoceptive awareness in relation to multiple indicators of distress among transgender and nonbinary people: The moderating role of gender appearance congruence and gender-affirming interventions. Paper presentation, ABCT, Seattle, WA.

*Hoelscher, E.C., **Victor, S.E.**, Trieu, T., & Edmiston, E.K. (2023). Gender minority resilience and suicidal ideation: A longitudinal and momentary examination of transgender and gender diverse adults. Paper presentation, Big 12 LGBTQIA & Allies Summit, Lubbock, TX.

King, K., Jacobucci, R., Sandel-Fernandez, D., Hughes, C., Howe, E., **Victor, S.E.** (discussant) (2023). Discussant for symposium, "Leveraging novel statistical methods to describe momentary symptom fluctuations in daily life," ABCT, Seattle, WA.

Micanovic, N., Vine, V., *Seymour, N.E. & **Victor, S.E.** (2023). Under the same umbrella: Differences in depression, anxiety, and stress experiences between sexual and gender minority groups. Paper presentation, ABCT, Seattle, WA.

Robillard, C.L., Claes, L., **Victor, S.E.**, Myin-Germeys, I., & Kiekens, G. (2023). Self-criticism as a real-time predictor of NSSI urges and behaviors among treatment-seeking individuals. Paper presentation, ISSS, Vienna, Austria.

Victor, S.E. (2023). From a culture of silence toward a culture of inclusion: Destigmatizing mental illness among mental health providers, researchers, and trainees. Invited keynote address, Canadian Association of Cognitive and Behavioural Therapies, Halifax, Nova Scotia and Virtual.

Victor, S.E. (2023). Professor, Provider, Patient, Partner: Personal and Professional Reflections on Advocacy and Engaged Scholarship. Invited opening speaker, Psych for Peace and Justice Online Conference, Virtual.

Victor, S.E., Devendorf, A.R., & Schmidt, A.T. (2023). Disability among applied psychology faculty and trainees: Correlates and related outcomes. Paper presentation, ABCT, Seattle, WA.

Victor, S.E., & Edmiston, E.K. (2023). Ecological momentary assessment of gender-relevant versus other interpersonal stressors predicting self-injurious thoughts and behaviors among transgender and non-binary adults. Paper presentation, ABCT, Seattle, WA.

Victor, S.E., *Hoelscher, E.C., Sandel-Fernandez, D.B., Trieu, T.H., & Edmiston, E.K. (2023). Interpersonal and intrapersonal gender minority stressors as contributors to suicidal ideation among transgender and non-binary adults. Paper presentation, SRS, Virtual.

Victor, S.E., *McClay, M.M., Trieu, T.H., & *Christensen, K. (2023). Time and time again: Predicting NSSI using event versus signal contingent methods in ecological momentary assessment. Paper presentation, ISSS, Vienna, Austria.

Sarah Elizabeth Victor, PhD
Curriculum Vitae January 2026

Victor, S.E., & Schmidt, A.T. (2023). Training in mental health care: Disabled psychologists talk mentoring disabled trainees. Invited presentation, Stanford Medicine Alliance for Disability Inclusion and Equity, Virtual.

Victor, S.E., & *Seymour, N.E. (2023). Interpersonal theory constructs as mediators between outness and suicidal ideation among LGBTQ+ adults. Paper presentation, SRS, Virtual.

Vine, V., Byrd, A.L., Vanwoerden, S., Victor, S.E., Jennings, J.R., & Stepp, S.D. (2023). Suicidal thoughts and behaviors and youths' multimodal emotion responses during parent-child interactions. Paper presentation, ABCT, Seattle, WA.

***McClay, M., & Victor, S.E. (2022).** Help negation for suicidal ideation among young adults engaging in NSSI: Testing concurrent and prospective associations over time. Paper presentation, ISSS, Virtual.

Morris, N.M., Keen, M., Mitchell, S.M., Ingram, P.B., & Victor, S.E. (2022). Examining the construct validity of the MMPI-3 SUI scale in a sample of depressed college students. Flash talk, Society for Personality Assessment (SPA), Chicago, IL.

Scott, L.N., Brown, S.L., Butler, B.A., Victor, S.E., & Larsen, E. (2022). Using vocal biomarkers for detecting acute risk for self-injurious thoughts and behaviors in daily life: A pilot study. Paper presentation, SAA, Columbia, MO.

Victor, S.E. (2022). Gender minority stress and resilience as prospective and concurrent indicators of self-injurious thoughts and behaviors among transgender and non-binary adults. Paper presentation, ABCT, New York, NY.

Victor, S.E. (2022). Whose experiences are they, anyway? Characterizing psychology faculty and trainees with lived experience of psychopathology. Invited Paper presentation, SRP, Philadelphia, PA.

Vine, V., Byrd, A.L., *Trieu, T.H., Vanwoerden, S., Victor, S.E., Jennings, J.R., & Stepp, S.D. (2022). Young adolescents' multimodal affective responses to interactions with parents as predictors of elevated suicide risk. Paper presentation, SRS, Virtual.

Kruzan, K., Meyerhoff, J., Silva, C., Fox, K., Czyz, E., Victor, S.E. (discussant) (2021). Discussant for symposium, "Designing digital mental health interventions for suicide and self-injurious thoughts and behavior: Incorporating multiple stakeholder perspectives, including lived experience," ABCT, New Orleans, LA.

Victor, S.E. (2021). A day in the life: Real-world research & advocacy on the experiences of NSSI. Invited Rising Star Keynote, ISSS, Virtual.

Victor, S.E. (2021). Better together? Perceived and desired social support and suicidal ideation in daily life. Paper presentation, American Association of Suicidology (AAS), Virtual.

Victor, S.E. (2021). The role of perceived social support in NSSI urges and behaviors in the daily lives of young adults. Paper presentation, ISSS, Virtual.

Victor, S.E., Mitchell, S.M., & Ingram, P.B. (2021). Depression, self-criticism, and nonsuicidal self-injury: A prospective investigation in young adults. Paper presentation, AAS, Virtual.

Vine, V., Victor, S.E., Mohr, H., Byrd, A.L., & Stepp, S.D. (2021). Am I really here? Dissociation in daily life and adolescent suicide risk. Paper presentation, North American Society for the Study of Personality Disorders (NASSPD), Pittsburgh, PA.

Klonsky, E.D., Muehlenkamp, J.J., Stage, D., Stohlmann-Rainey, J., Victor, S.E. (moderator) (2020). Moderator for panel presentation, "Bridging the lived experience and research worlds: A panel discussion," AAS, Virtual.

Victor, S.E. (2020). Addressing equity, diversity, and inclusion in suicide prevention as an early career suicidologist. Invited oral presentation, AAS, Virtual.

Sarah Elizabeth Victor, PhD
Curriculum Vitae January 2026

Victor, S.E., Ingram, P.B., Mitchell, S.M., Morris, N.M., & Golden, B.L. (2020). Stigma of suicide attempt (STOSA) scale: Validation and examination in relation to lived experience of suicide and suicide-related disclosures in a diverse sample of young adults. Paper presentation, AAS, Virtual.

Ammerman, B., Brausch, A., Muehlenkamp, J.J., & **Victor, S.E.** (2019). Panelist for panel presentation, "Clarifying the NSSI-suicide connection," AAS, Denver, CO.

Baer, M., Lear, M., Rabasco, A., Spitzer, T., **Victor, S.E.** (moderator) (2019). Moderator for panel presentation, "Repeated measures designs in risk for self-injurious thoughts and behaviors," AAS, Denver, CO.

Victor, S.E., & Scott, L.N. (2019). Disentangling affective dynamics in daily life: Their role in understanding past, concurrent, and future suicidal thoughts and behaviors. Paper presentation, IASR, Miami Beach, FL.

Victor, S.E., & Scott, L.N. (2019). More than just the means: Daily life emotional variability and stability in relation to past, concurrent, and future NSSI urges and behaviors. Paper presentation, ISSS, Orlando, FL.

Victor, S.E., & Scott, L.N. (2019). Personality disorder symptoms and within-person dynamics of self-injury and suicide. Paper presentation (symposium chair), NASSPD, Pittsburgh, PA.

Goldstein, T.R., May, A.M., Muehlenkamp, J.J., Turner, B.J., & **Victor, S.E.** (moderator) (2018). Moderator for panel presentation, "Bridging the gap: Lessons learned in connecting suicide research and clinical practice," AAS, Washington, D.C.

Victor, S.E., & Scott, L.N. (2018). Smoke, drink, self-injure? A within- person analysis of NSSI, cannabis, and alcohol use in daily life. Paper presentation, ISSS, Brussels, Belgium.

Victor, S.E., & Scott, L.N. (2018). What's so special about self-harm? Identifying shared and unique within-person predictors of suicidal ideation, NSSI urges, and substance use. Paper presentation (symposium chair), ABCT, Washington, DC.

Victor, S.E., & Stepp, S.D. (2018). Intergenerational transmission of risk: Understanding borderline personality disorder symptoms and suicidality in parents and children. Paper presentation, AAS, Washington, D.C.

Nock, M.K., Prinstein, M., Rosenthal, M.Z., Lavender, J., Baucom, B.R., Bentley, K. (co-moderator), **Victor, S.E.** (co-moderator) (2017). Co-moderator for the panel presentation, "If I knew then what I know now: Best practices in ambulatory assessment of high-risk populations," ABCT, San Diego, CA.

Victor, S.E., Scott, L.N., & Stepp, S.D. (2017). Socioeconomic status and SITB: Exploring an understudied relationship. Paper presentation, ISSS, Philadelphia, PA.

Victor, S.E., & Klonsky, E.D (2015). Experience, cognition, and affect: Investigating self-injurious behaviors through the modal model of emotion. Invited paper presentation, Military Suicide Research Consortium Pre-Conference Training Day, AAS, Atlanta, GA.

Victor, S.E., & Klonsky, E.D. (2015). Situation, attention, appraisal, response: A laboratory investigation of emotional processing in non-suicidal self-injury using the modal model of emotion. Paper presentation (symposium chair), ABCT, Chicago, IL.

Victor, S.E., Glenn, C.R., Feske, U., & Klonsky, E.D. (2014). Characteristics of non-suicidal self-injury and suicide attempts: Findings from six samples. Paper presentation, AAS, Los Angeles, CA.

Victor, S.E., & Klonsky, E.D. (2013). Risk factors for suicide attempts among self-injurers. Paper presentation, ISSS, Vancouver, BC.

Sarah Elizabeth Victor, PhD
Curriculum Vitae January 2026

Victor, S.E., & Klonsky, E.D. (2012). Who chooses self-injury: Beyond high negative emotionality. Paper presentation, ABCT, National Harbor, MD.

Victor, S.E., Glenn, C.R., & Klonsky, E.D. (2011). Men who self-injure: An understudied population. Paper presentation, ABCT, Toronto, ON.

Victor, S.E., & Klonsky, E.D. (2011). Predictors of suicidality among adolescents with non-suicidal self-injury. Paper presentation, AAS, Portland, OR.

Conference Poster Presentations

* mentored trainee author.

*Bianco, A.N., **Victor, S.E., & Abu-Samaha, A.** (2025). Linking Stigma of Suicide and Self-Injury to Outness: A Correlational Analysis in Young Adults. Poster presentation, SRS, Virtual.

*Christensen, K., Boness, C., & **Victor, S.E.** (2025). Cognitive Interviewing as an Approach to Improve Assessment of Suicidal Thoughts and Behaviors in Youth. Poster presentation, IASR, Boston, MA.

*Christensen, K., & **Victor, S.E.** (2025). Past Behavior Predicts...What? Recent Suicide Attempts Show Limited Relevance to Suicide Risk Indicators and Follow-up Suicidality Among Acutely Suicidal Adults Receiving Inpatient Psychiatric Care. Poster presentation, APS, Washington, DC.

*Dietel, K., *Christensen, K., & **Victor, S.E.** (2025). Emotion Dysregulation is not Concurrently or Prospectively Associated with Characteristics of Non-Suicidal Self-Injury Among High-Risk Young Adults. Poster presentation, ABCT Student Special Interest Group Virtual Symposium, Virtual.

*Dietel, K., *Hoelscher, E.C. & **Victor, S.E.** (2025). Examining Experiences of Transgender and Nonbinary People with Inpatient Psychiatric Care and Impacts on Disclosure of Suicidal Thoughts. Poster presentation, Texas Tech Undergraduate Research Conference (URC), Lubbock, TX.

*Gurjar, S., & **Victor, S.E.** (2025). Not all emotions are equal: Predictive utility of discrete affective states for nonsuicidal self-injury urges in daily life. Poster presentation, Suicide and Self-Injury SIG, ABCT, New Orleans, LA.

*Gurjar, S., & **Victor, S.E.** (2025). Self-criticism and negative affect: A multi-sample approach to prospective within-person change in risk for nonsuicidal self-injury and its urges. Poster presentation, Society for Affective Science (SAS) Preconference, Portland, OR.

*Gurjar, S., **Victor, S.E., & Devendorf, A.R.** (2025). Assessing measurement invariance of the Prejudice Against People with Mental Illness (PPMI) authoritarianism subscale among psychologists and trainees. Poster presentation, ABCT Student SIG, New Orleans, LA.

*Hoelscher, E.C., **Victor, S.E., & Budge, S.** (2025). Inclusive Care? Transgender People's Experiences in Inpatient Psychiatric Care and Future Suicide Disclosures. Poster presentation, SRS, Virtual.

*Martinez Castro, N., *Gurjar, S., *Hoelscher, E., & **Victor, S.E.** (2025). Gender Congruence and the Frequency and Versatility of Non-suicidal Self-injury (NSSI) in Transgender and Non-binary Individuals. Poster presentation, Texas Tech URC, Lubbock, TX.

*Martinez Castro, N., *Gurjar, S., & **Victor, S.E.** (2025). Self-Harm Help-Seeking Attitudes Across Genders and Sexual Orientations. Poster presentation, Society for the Psychological Study of Social Issues, Portland, OR.

Marvin, C., LeDuc, M., Sweeney, R., DeVinney, A., Hudson, G., Mills, D., **Victor, S.E., & Mitchell, S.M.** (2025). Emotional-Based Urgency and Drinking to Cope: Distinction Between Suicide

Sarah Elizabeth Victor, PhD
Curriculum Vitae January 2026

Ideation and Attempt Risk Within a High-Risk Sample. Poster presentation, IASR, Boston, MA.

*Miller, S., *Gurjar, S. & **Victor, S.E.** (2025). Examining the Relationship Between Suicidal Ideation and Interoception. Poster presentation, Texas Tech URC, Lubbock, TX

*Nelius, E., *Demirelli, S., *Hoelscher, E.C., *Gurjar, S., & **Victor, S.E.** (2025). NSSI Severity (Frequency and Method Variability) and Age of Onset in Psychiatric Patients. Poster presentation, Texas Tech URC, Lubbock, TX.

Petrovich, D., **Victor, S.E.**, Schmidt, A.T., Van Allen, J., & Littlefield, A. (2025). Differences in use motives and risk perceptions between cannabis and derived psychoactive cannabis products such as delta-8 THC: Preliminary findings from a large, online survey study. Poster presentation, Texas Tech Graduate School Poster Competition, Lubbock, TX.

Victor, S.E., *Christensen, K., *Hoelscher, E.C., Hefner, T., & Van Allen, J. (2025). Which Measure Matters Most? Examining Relative Utility of Self-Reported and Actigraphy-Assessed Sleep Indices in Relation to Suicide Risk following Hospital Discharge. Poster presentation, IASR, Boston, MA.

*Abu-Samaha, A., & **Victor, S.E.** (2024). Comparing functions of suicidal ideation and nonsuicidal self-injury in an acute inpatient and nationwide sample. Poster presentation, SRS, Virtual.

*Bianco, A., *Hoelscher, E., *Christensen, K., & **Victor, S.E.** (2024). The effect of wording changes in repeated measure items assessing non-suicidal self-injury. Poster presentation, SRS, Virtual.

*Christensen, K., & **Victor, S.E.** (2024). Improving brief assessment of suicidal thoughts and behaviors in youth: An engaged, stakeholder-informed approach to measure development, testing, and implementation. Poster presentation, APS, San Francisco, CA

Davis, S.F., Neudek, C.M., Kelley, J.M., Dennis, V.E., Bammel, A.C., **Victor, S.E.**, & Schmidt, A.T. (2024). The impact of peer victimization on mental health among children who are visually impaired: Findings from the National Survey of Children's Health. Poster presentation, Southwest Psychological Association (SWPA), San Antonio, TX.

*Hoelscher, E., *Bianco, A., *Christensen, K., & **Victor, S.E.** (2024). Accuracy of suicide attempt reporting on EMA responses in a recently discharged psychiatric inpatient sample. Poster presentation, SRS, Virtual.

Kelley, J.M., Neudek, C.M., Davis, S.F., Galdamez-Avila, A., Bamell, A.C., **Victor, S.E.**, & Schmidt, A.T. (2024). Self-perception and visual impairment: Insights from the Add Health Study. Poster presentation, SWPA, San Antonio, TX.

Marvin, C., Mitchell, S.M., LeDuc, M., Dolan, F., Streicher, B., Mills, D., & **Victor, S.E.** (2024). Moderating effect of basic psychological needs frustration on shame and suicide ideation through perceived burdensomeness. Poster presentation, SRS, Virtual.

Micanovic, N., Vine, V., Seymour, N.E., & **Victor, S.E.** (2024). Differences in the Relationship Between Minority Stress and Psychopathology in Sexual and Gender Minorities. Poster presentation, SRP, Montreal, QC.

Neudek, C.M., Kelley, J.M., Davis, S.F., Bammel, A.C., Galdamez-Avila, A., **Victor, S.E.**, & Schmidt, A.T. (2024). The impact of peer victimization on the physical health of visually impaired children. Poster presentation, SWPA, San Antonio, TX.

*Olivas, I., *Hoelscher, E.C., & **Victor, S.E.** (2024). Exposure to Suicide Death as a predictor of NSSI Behavior Frequency. Poster presentation, Texas Tech URC, Lubbock, TX.

Vine, V., Vanworden, S., Ilyaz, E., **Victor, S.**, Byrd, A., Jennings, J. R., & Stepp, S. (2024). Context-specific autonomic response profiles associated with adolescents' suicide risk. Poster

Sarah Elizabeth Victor, PhD
Curriculum Vitae January 2026

presentation, Society for Psychophysiological Research, Prague. [Published as conference proceedings abstract in *Psychophysiology*, Vol 61, pp. S280-281].

*Abu-Samaha, A., *Bianco, A., & **Victor, S.E.** (2023). Categories of suicide exposure: Relation to suicide outness in self-injurious young adults. Poster presentation, SRS, Virtual.

*Abu-Samaha, A., & **Victor, S.E.** (2023). Analyzing negative life experiences of individuals meeting nonsuicidal self-injury disorder criteria. Poster presentation, SWPA, Frisco, TX.

*Bianco, A., & **Victor, S.E.** (2023). Differences in affective dynamic experiences: NSSI urges vs. NSSI behavior. Poster presentation, ISSS, Vienna.

*Bianco, A., **Victor, S.E.**, *Barber, H., *Childers, L. (2023). Analyzing the affect regulation hypothesis among self-injurers: What happens when urges to self-injure are resisted? Poster presentation, ABCT, Seattle, WA.

*Christensen, K., & **Victor, S.E.** (2023). Psychometric properties of the Suicide-Related Coping Scale. Poster presentation, ABCT, Seattle, WA.

Devendorf, A.R., Salley, S., Campana, T., **Victor, S.E.**, & Rottenberg, J. (2023). Perceived norms about self-relevant research (me-search) in clinical psychology. Poster presentation, ABCT, Seattle, WA.

Himes, K.P., **Victor, S.E.**, Schmidt, A.T., & Littlefield, A.K. (2023). Perceived partner drinking and internalizing symptomology. Poster presentation, Research Society on Alcoholism, Bellevue, WA. [Published as conference proceedings abstract in *Alcoholism – Clinical and Experimental Research*, Vol 47, p. 225-226].

*Hoelscher, E., *Bianco, A., & **Victor, S.E.** (2023). Affective dynamics and suicidal ideation in a post-discharge psychiatric sample: An affective science approach to better understanding suicidal ideation. Poster presentation, ABCT Suicide and Self-Injury Special Interest Group, Seattle, WA.

*Hoelscher, E., Frietchen, R.E., & **Victor, S.E.** (2023). Examining emotion differentiation deficits as a proximal predictor for non-suicidal self-injury. Poster presentation, APS, Washington, DC.

*Hoelscher, E., & **Victor, S.E.** (2023). Interoception, gender appearance congruence, and suicidal thoughts and behaviors among transgender and nonbinary people. Poster presentation, SRS, Virtual.

*Hoelscher, E., & **Victor, S.E.** (2023). Negative urgency as a longitudinal proximal predictor of suicidal ideation and NSSI. Poster presentation, ISSS, Vienna.

LeDuc, M.K., Clendenen, S., Knebel, V., **Victor, S.E.**, Ingram, P.B., & Mitchell, S.M. (2023). Evaluating MMPI-3-derived indices of thwarted belongingness and perceived burdensomeness to prospectively predict suicide ideation. Poster presentation, SRS, Virtual.

LeDuc, M.K., Knebel, V., Clendenen, S., **Victor, S.E.**, Ingram, P.B., & Mitchell, S.M. (2023). Testing the interpersonal theory of suicide: Comparing the MMPI-3 to the Interpersonal Needs Questionnaire. Poster presentation, SPA, Austin, TX.

*McClay, M.M., & **Victor, S.E.** (2023). Measuring the effect of NSSI urge disclosure via ecological momentary assessment. Poster presentation, ABCT, Seattle, WA.

Micanovic, N., Vine, V., *Seymour, N.E. & **Victor, S.E.** (2023). The structure of distress: understanding the relationships between depression, anxiety, and stress in trans and non-binary individuals. Poster presentation, ABCT, Seattle, WA.

Sparks, S., Christensen, K., Cary, J., **Victor, S.E.**, Mitchell, S.M., & Brown, S.L. (2023). Confirmatory factor analyses of the Interpersonal Needs Questionnaire Revised 15- Item: An examination of the role of item sequences. Poster presentation, ABCT, Seattle, WA.

Sarah Elizabeth Victor, PhD
Curriculum Vitae January 2026

Tong, B., Devendorf, A., **Victor, S.E.**, & Rottenberg, J. (2023). Mental health difficulties among Asian psychologists and trainees. Poster presentation, Asian Conference on Psychology and Behavioral Sciences, Tokyo, Japan, and Virtual.

White, C., LeDuc, M., Mitchell, S.M., Ingram, P.B., & **Victor, S.E.** (2023). The association between the MMPI-2-RF SUI/Death Ideation scale and treatment-seeking behaviors among depressed college students. Poster presentation, Texas Tech URC, Lubbock, TX.

*Bianco, A., & **Victor, S.E.** (2022). Lifetime “outness” of self-injurious thoughts and behaviors in relation to specific disclosure events reported during ecological momentary assessment. Poster presentation, ISSS, Virtual.

*Christensen, K. & **Victor, S.E.** (2022). A comparison of retrospectively reported and EMA-reported perceived social support in predicting EMA-reported non-suicidal self-injury. Poster presentation, ISSS, Virtual.

*Devendorf, A.R., **Victor, S.E.**, Rottenberg, J., Miller, R.H., Lewis, S.P., Muehlenkamp, J.J., & Stage, D.L. (2022). Self-relevant research (me-search) in clinical psychology: Prevalence and correlates. Poster presentation, ABCT, New York, NY.

Gissandaner, T.D., Littlefield A.K., Schmidt, A.T., **Victor, S.E.**, Kim, S.Y., & Morrow, A.J. (2022). Caregiver adverse childhood experiences and child externalizing problems: The role of caregiver resilience. Poster presentation, National Institutes of Health Diversity Supplement Professional Development and Networking Workshop, Virtual.

*Goza, S., *Bianco, A., & **Victor, S.E.** (2022). Social factors and non-suicidal self-injury urges in transgender and gender diverse adults. Poster presentation, Texas Tech URC, Lubbock, TX.

*Luce, A., *Christensen, K., & **Victor, S.E.** (2022). Suicide-related coping in trans and gender diverse adults. Poster presentation, Texas Tech URC, Lubbock, TX.

Meddaoui, B., *Seymour, N.E., **Victor, S.E.**, & Kaufman, E.A. (2022). Minority stress, thwarted belongingness, and suicidal ideation among individuals with intersecting gender and sexual minority identities. Poster presentation, ABCT, New York, NY.

*Morin, P., *McClay, M.M., & **Victor, S.E.** (2022). Race/ethnicity and expectations about mental healthcare. Poster presentation, Texas Tech URC, Lubbock, TX.

*Mumma, J., *Christensen, K., & **Victor, S.E.** (2022). Does outness associate with depression and anxiety in minoritized sexual orientations? Poster presentation, Texas Tech URC, Lubbock, TX.

*Mumma, J. & **Victor, S.E.** (2022). The role of outness in relation to mental health for minoritized sexual orientations. Poster presentation, Building The Next Generation of Academic Physicians LGBT Health Workforce Conference, Virtual.

*Christensen, K., & **Victor, S.E.** (2021). Internalized stigma and NSSI assessment in daily life: NSSI stigma, urges, behaviors, and compliance with an ecological momentary assessment protocol. Poster presentation, ISSS, Virtual.

*Goza, S., *Trieu, T., & **Victor, S.E.** (2021). Social factors and non-suicidal self injury urges. Poster presentation, Texas Tech URC, Lubbock, TX.

*Luce, A., *Christensen, K., & **Victor, S.E.** (2021). The association between sleep disturbances and non-suicidal self-injury in young adults. Poster presentation, APS, Virtual.

*Luce, A., *Christensen, K., & **Victor, S.E.** (2021). The association between sleep disturbances and non-suicidal self-injury in young adults. Poster presentation, Texas Tech URC, Lubbock, TX.

*Richardson, L.S., Mills, D.J., Mitchell, S.M., & **Victor, S.E.** (2021). Risk for addiction moderates the association between emotion-based impulsivity and suicidal ideation among adults. Poster presentation, AAS, Virtual.

Sarah Elizabeth Victor, PhD
Curriculum Vitae January 2026

*Trieu, T.H., & **Victor, S.E.** (2021). Burning and versatility of NSSI methods are associated with lifetime suicide attempts. Poster presentation, ISSS, Virtual.

White, C., La Rosa, N.L., LeCroy, L., Mitchell, S.M., Ingram, P.B., & **Victor, S.E.** (2021). Examining the role of suicide stigma in suicide ideation through thwarted interpersonal needs. Poster presentation, Texas Tech URC, Lubbock, TX.

*McClay, M.M., **Victor, S.E.**, Brausch, A.M. (2020). Fearlessness about death: Measurement invariance across college students with and without a history of non-suicidal self-injury. Poster presentation, AAS, Virtual.

*McClay, M.M., **Victor, S.E.**, Klonsky, E.D. (2020). The relation between depressogenic attributional style and nonsuicidal self-injury. Poster presentation, ISSS, Virtual.

Morris, N.M., Ingram, P.B., Golden, B., Mitchell, S., & **Victor, S.E.** (2020). Predicting treatment attitudes and behaviors longitudinally among college students with depressive symptoms on the MMPI-2-RF and MMPI-3. Poster presentation, MMPI Annual Symposium, Minneapolis, MN.

*Richardson, L.S., **Victor, S.E.**, & Ingram, P.B. (2020). The relationship between disclosure of suicidality and suicide attempt history among young adults. Poster presentation, ABCT Suicide and Self-Injury Special Interest Group, Virtual.

*Richardson, L.S., **Victor, S.E.**, & Ingram, P.B. (2020). The relationship between perceived stigma and disclosure of suicidality in young adults. Poster presentation, International Conference on Stigma, Virtual.

*Lloyd, J., *Luskin, A., *Cenkner, D., **Victor, S.E.**, & Stepp, S.D. (2018). The relationship between parent and child communication styles and disclosure of child's suicidal thoughts and behaviors to parent. Poster presentation, Western Psychiatric Institute and Clinic Research Day, Pittsburgh, PA.

*Mohr, H., **Victor, S.E.**, & Stepp, S.D. (2018). Emotion recognition in preschoolers of mothers with borderline personality disorder. Poster presentation, Western Psychiatric Institute and Clinic Research Day, Pittsburgh, PA.

Victor, S.E., & Klonsky, E.D. (2017). Understanding the social context of non-suicidal self-injury in high school students. Poster presentation, ISSS, Philadelphia, PA.

Victor, S.E., Stepp, S.D., & Scott, L.N. (2017). Predicting self-injurious thoughts and behaviors over time: The roles of shame, guilt, and interpersonal stress. Poster presentation, NASSPD, New York, NY.

Victor, S.E., & Klonsky, E.D. (2016). Non-suicidal self-injury is uniquely associated with attributional style for negative, not positive, events. Poster presentation, APS, Chicago, IL.

Victor, S.E., Muehlenkamp, J.J., Styer, D.M., & Washburn, J.J. (2016). Characterizing self-injury in men: Evidence from a large clinical sample of adolescents and adults. Poster presentation, ABCT, New York, NY.

*Schluter, M., **Victor, S.E.**, & Klonsky, E.D. (2015). Methods of non-suicidal self-injury: Their functions and relationship to suicide. Poster presentation, IASR, New York City, NY.

Victor, S.E., Davis, T., & Klonsky, E.D. (2015). Development and validation of the Non-Suicidal Self-Injury Disorder Scale (NSSIDS). Poster presentation, ABCT, Chicago, IL.

Victor, S.E., & Klonsky, E.D. (2014). Attentional bias toward negative emotional information among self-injurers. Poster presentation, ABCT, Philadelphia, PA.

Victor, S.E., & Klonsky, E.D. (2014). How do you get there from here? Exploring possible mechanisms of negative affectivity among self-injurers. Poster presentation, ISSS, Chicago, IL.

Sarah Elizabeth Victor, PhD
Curriculum Vitae January 2026

Victor, S.E., & Klonsky, E.D. (2013). Risk factors for suicide attempts among self-injurers: A meta-analysis. Poster presentation, ABCT, Nashville, TN.

Victor, S.E., Washburn, J.J., Styer, D., Juzwin, K.R., Aldridge, D., & Klonsky, E.D. (2013). Functions of non-suicidal self-injury over time. Poster presentation, ISSS, Vancouver, BC.

***Chu, C., Victor, S.E., & Klonsky, E.D. (2012).** Borderline personality disorder: Disorder of general emotion intensity or negative emotion specifically? Poster presentation, ISSS, Chapel Hill, NC.

Victor, S.E., & Klonsky, E.D. (2012). Daily affect in non-suicidal self-injury. Poster presentation, ISSS, Chapel Hill, NC.

Victor, S.E., & Klonsky, E.D. (2012). Prospective predictors of non-suicidal self-injury. Poster presentation, ABCT, National Harbor, MD.

Victor, S.E., Feske, U., & Klonsky, E.D. (2011). Which types of aggression are elevated among those who engage in NSSI? Poster presentation, ISSS, New York, NY.

Victor, S., Joormann, J., & Gotlib, I.H. (2010). Predictors of onset of self-injury in adolescent girls: The importance of coping style. Poster presentation, ABCT, San Francisco, CA.

Victor, S., Glauser, J., Gotlib, I.H., & Joormann, J. (2009). Associative learning in generalized social phobia. Poster presentation, SRP, Minneapolis, MN.

Victor, S., Gotlib, I.H., & Johnson, S.L. (2009). The role of impulsivity in quality of life in bipolar disorder. Poster presentation, ABCT, New York, NY.

Teaching Experience

Instructor of Record, Texas Tech University

2025 Preparation for Internship in Clinical Psychology (Psy 5001)
2025 Seminar in Psychopathology (Psy 5338)
2024 Preparation for Internship in Clinical Psychology (Psy 5001)
2024 Seminar in Psychopathology (Psy 5338)
2024 Beginning Child Practicum (Psy 5314)
2024 Advanced Practicum in Clinical and Counseling Psychology (Psy 5002)
2023 Preparation for Internship in Clinical Psychology (Psy 5001)
2023 Seminar in Psychopathology (Psy 5338)
2022 Abnormal Psychology (Psy 4305)
2021 Preparation for Internship in Clinical Psychology (Psy 5001)
2021 Seminar in Psychopathology (Psy 5338)
2020 Preparation for Internship in Clinical Psychology (Psy 5001)
2020 Seminar in Psychopathology (Psy 5338)
2020 Advanced Practicum in Clinical and Counseling Psychology (Psy 5002)
2019 Seminar in Psychopathology (Psy 5338)

Teaching Fellow, University of British Columbia

2014 Research Methods (Psyc 217)

Teaching Assistant, University of British Columbia

2012 Psychology of Gender (Psyc 320)
2011 Introduction to Developmental, Social, Personality & Clinical Psychology (Psyc 102)
2011 Introduction to Biological & Cognitive Psychology (Psyc 101)

Sarah Elizabeth Victor, PhD
Curriculum Vitae January 2026

Teaching Assistant, Stanford University
2006 Peer Counseling Skills (Educ 194A/P)

Research Instructor, Stanford University
2009 Independent Study Research (Psych 195)
2010 Independent Study Research (Psych 195)

Supervised Pre-Licensure Clinical Experience

Postdoctoral Training (University of Pittsburgh)
09/2017 - 04/2019 Dialectical Behavioral Therapy for Mothers

Predoctoral Internship Training (University of Pittsburgh Medical Center)

06/2017 – 08/2017	High-Complexity Adolescent Autism Assessment
06/2017 – 08/2017	Intensive Treatment for Depressed, Suicidal Youth
03/2017 – 05/2017	Pre- and Post-Surgical Neuropsychological Assessment
12/2016 – 05/2017	Adult Outpatient Treatment for Severe Mental Illness
09/2016 – 05/2017	Adult Cognitive-Behavioral Outpatient Treatment
09/2016 – 02/2017	Diagnostic Personality Assessment of Youth
09/2016 – 11/2016	Psychiatric Emergency Room Assessments

Predoctoral Training Prior to Internship

09/2014 – 04/2015	Outpatient Adult Anxiety Disorder Treatment
09/2013 – 09/2014	Inpatient Adult Psychiatric Treatment Rotation
05/2013 – 08/2013	Self-Injury Partial Hospitalization Treatment
09/2012 – 04/2013	Group & In-Home Adult Hoarding Disorder Treatment
05/2012 – 11/2012	Pre-Surgical Solid Organ Transplant Assessment
09/2011 – 04/2012	Child and Family Behavioral Treatment

Sarah Elizabeth Victor, PhD
Curriculum Vitae January 2026

Departmental and University Service

2025 – 2026	Committee Member, Third Year Review (AJ).
2025 – 2026	Committee Chair, Tenure & Promotion (JS).
2024 – 2025	Committee Member, Tenure-Track Counseling Psychology Search.
2024 – 2025	Committee Member, Psychology Tenure & Promotion Process and Criteria.
2024 – 2025	Committee Member, Third Year Review (WC).
2024	Reviewer, Chancellor's Council Research Awards.
2023 – 2024	Committee Member, Online Lecturer Search.
2023 – 2024	Committee Member, Tenure & Promotion Process and Criteria.
2020 – 2022	Statistical Consultant, Psychological Sciences.
2021	Invited Judge, TTU Undergraduate Research Conference.
2021	Ad Hoc Ethics Committee (Member), TTU Psychological Sciences.

Profession-Wide Service

2025 – Present	Scientific Advisor, American Foundation for Suicide Prevention.
2025 – Present	Expert Advisory Panel Member, Development and Initial Evaluation of a Scale for Cognitive Factors contributing to Suicidal Ideation (SCF-SI) Across Diverse Samples at Risk for Suicide (PI: A. Adler Mandel)
2025 – Present	Associate Editor, <i>Suicide & Life-Threatening Behavior</i>
2024 – Present	Member, Data Safety Monitoring Board, Examining Mechanisms of Change in Adolescent Self-Inflicted Injury (K21MH135225, PI: E. Kaufman)
2021 – Present	Consulting Editor, <i>Clinical Psychological Science</i>
2021 – Present	Editorial Board Member, <i>Journal of Emotion and Psychopathology</i>
2017 – 2020	Representative at Large, International Society for the Study of Self-Injury.
2015 – 2017	Student Representative, International Society for the Study of Self-Injury.
2014 – 2017	Campus Representative, Society for a Science of Clinical Psychology.

Commitment to Diversity, Equity, and Inclusion

2019 – 2023	Member, Women Faculty Writing Program, Texas Tech University.
2021	Invited Discussion Leader, Suicide/NSSI Treatment and Research Among Sexual and Gender Minority Communities, ABCT Suicide & Self-Injury Special Interest Group.
2021	Invited Mentor, Inclusive Syllabus Workshop, Institute for Inclusive Excellence, Texas Tech University.
2020	Invited Panelist, Inclusion, Equity, And Access in the Online Classroom, Institute for Inclusive Excellence, Texas Tech University.
2020	Invited Judge, Paul G. Quinnell Lived Experience Writing Contest, American Association of Suicidology.
2020	Invited Participant, Convening Lived Experience and Research Communities to Improve Patient-Centered Outcomes, Patient-Centered Research Outcomes Institute (PCORI).
2019 – 2020	Member, Institute for Inclusive Excellence, Texas Tech University.

Sarah Elizabeth Victor, PhD
Curriculum Vitae January 2026

2011 – 2015 Mentor, Aboriginal eMentoring BC.
2010 – 2016 Positive Space Resource Person, UBC Equity Office.

Student Mentorship and Supervision

*Texas Tech unless otherwise specified

Active Graduate Committees

Dissertations: 6 committees (2 as chair)
Qualifying Examinations: 4 committees
Master's Theses: 4 committees

Completed Committee Service

Dissertations: 18 committees (2 as chair, 5 as external reviewer or Dean's Rep)
Qualifying Examinations: 9 committees (4 as chair)
Honors' Theses: 2 committees

Undergraduate and Post-Baccalaureate Research Mentorship

Active: 7 undergraduate, 2 post-baccalaureate staff
Completed: 14 undergraduate, 2 post-baccalaureate volunteers or staff

Graduate Teaching Supervision

10 students, 3 courses (Close Relationships, Psychology of Gender, Personality)

Professional Affiliations

* juried or otherwise invited membership.

Association for Behavioral & Cognitive Therapies
Association for Psychological Science
Canadian Association for Suicide Prevention
*International Academy of Suicide Research
International Society for the Study of Self-Injury
Society for a Science of Clinical Psychology
*Society for Research in Psychopathology

Additional Professional and Community Service

Manuscript Reviews for Academic Journals (5+ reviews)

Archives of Suicide Research
BMC Psychiatry
Clinical Psychological Science
Journal of Affective Disorders
Journal of Psychopathology and Clinical Science (formerly Journal of Abnormal Psychology)
Psychiatry Research
Psychology of Sexual Orientation and Gender Diversity
Research on Child and Adolescent Psychopathology (Journal of Abnormal Child Psychology)
Suicide & Life-Threatening Behavior

Grant Review Activities

Sarah Elizabeth Victor, PhD
Curriculum Vitae January 2026

NIMH, Service-Ready Tools for Suicide Prevention (2021, 2022)
NIMH, ALP Study Section (2026)

Conference Review Activities

International Society for the Study of Self-Injury, abstract reviewer (2019, 2020)
Suicide Research Symposium, abstract reviewer (2022)
North American Society for the Study of Personality Disorders, abstract reviewer (2022)
Canadian Association of Behavioural and Cognitive Therapies, student poster reviewer (2023)

Science Communication & Public Dissemination Activities

Mental Health Care and Suicide Prevention for the LGBTQ+ Community, TTUHSC (2023, 2024)
Suicide and Non-Suicidal Self-Injury in Youth, Covenant Health Child Abuse Conference (2022)
Suicide Risk and Prevention Screening, Canyon ISD (2021)
CATR Project Echo, Non-suicidal self-injury and suicide in youth (2021)
Region 17 ESC Workshop, Addressing depression and suicide in youth (2020)
Skype a Scientist Volunteer (2019)
Guest Speaker, News Writing (Journalism 2310), Texas Tech University (2019, 2022)

Publicly Available Media and Dissemination Activities

Mitchell, S.M., & Victor, S.E. (2025). [Researchers say direct communication, safer environment can lower risk of suicide](#). KTTZ FM.

Victor, S.E. (2025). [SRS Researcher Spotlight](#). Suicide Research Symposium.

Victor, S.E., & Schmidt, A.T. (2025). [Impacts of Visual Impairment on Children](#). Speaking Out for the Blind, ACB Media 1.

Victor, S.E., & Schmidt, A.T. (2025). [Study to Explore Psychological Effects of Vision Impairment in Children](#). Eye on Vision, WYPL-FM 89.3.

Victor, S.E., & Schmidt, A.T. (2024). [Texas Tech Researchers to Look at Impacts of Visual Impairment on Children](#). Texas Tech Now.

Devendorf, A., Gudiño, O.G., Nauphal, M., Swee, M.B., Victor, S., & Prinstein, M. (2024). [Essential Science Conversations Presents: Addressing Mental Health Stigma in Clinical Psychology](#). American Psychological Association Webinar.

Victor, S.E., & Nunes, L. (2022). [Podcast Guest: A Paradox in the Field: Mental-Health Disorders Among Psychologists](#). Association for Psychological Science, *Under the Cortex*.

Navarre, K. (2021). [Why this study could have damaging consequences for the Borderline Personality Disorder community](#). *The Mighty*.

Oliver, D. (2021). [It's time to stop saying words like 'schizto' and phrases like 'I'm so OCD.'](#) [Here's why.](#) *USA Today*.

Sarah Elizabeth Victor, PhD
Curriculum Vitae January 2026

Victor, S.E., Gordon, K., & Bobadilla, L. (2021). [Podcast Guest: Lived Experience of Mental Illness among Psychology Faculty and Trainees](#). *Psychodrama*.

Victor, S.E. & Westers, N. (2021). [Podcast Guest: Lived Experience of NSSI Among Psychologists](#). *The Psychology of Self-Injury: Exploring Self-Harm & Mental Health*.

Victor, S.E. (2017). [You can't know if you don't ask: How to assess nonsuicidal self-injury](#). *Visions: BC's Mental Health and Addictions Journal*, 13(2).